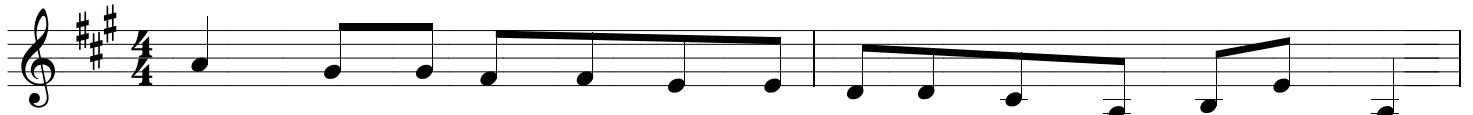


# Round of Health

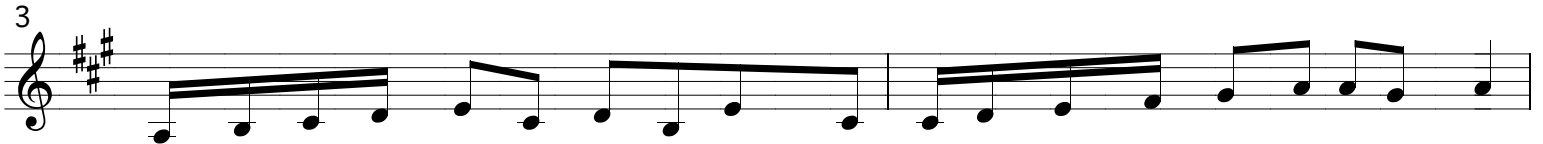
(tune: *The Greenwood Tree*)

**A**



Whole grains 'n' veg - gies, veg - gies, this is what my bod - y needs.

**B**



Don't for - get the fruits in great a - bun - dance, nuts, le - gumes and plant oils, e - ven seeds!

**C**



On oc - ca - sion meat and dai - ry, fish and poul - try, if you please!